

Mentally Retarded Children and their Educational Programme

Mental Retardation:

Types of mental retardation: (A) Psychological basis

1. Mild mental retardation (50-70 IQ)

2. Moderate mental retardation (35-50 IQ)

3. Severe mental retardation (25-35 IQ)

4. Profound mental retardation (below 20 IQ)

(B) Educational basis

1. Educable mentally retarded (50-70 IQ)

2. Trainable mentally retarded (25-50 IQ)

3. Custodial mentally retarded (below 25 IQ)

Signs and symptoms

- Failure to achieve developmental milestone
- Deficiency in cognitive functioning
- Failure to achieve intellectual developmental markers
- Reduced ability to learn or meet academic demands
- Expressive or receptive language
- Psycho-motor skill deficit
- Difficulty performing self-esteem
- Depression
- Acting-out behaviour
- Infant behaviour

Educational programme for mentally retarded children

1. Development of educational, social and adjustability
2. Language development and communication
3. Curriculum
4. Co-curricular activities
5. Vocational training
6. Basic 3R's
7. Medical checkup, Yoga training and exercise
8. Psycho-motor development activities
9. Special class room
10. Resource room and resource teachers
11. Play way method
12. Sensory development
13. Habit formation

Conclusion

- Intervention and prevention
- Active co-operation
- Individualized instruction
- Self dependent programme
- Therapy
- Repetitions
- Rewards

THANK YOU